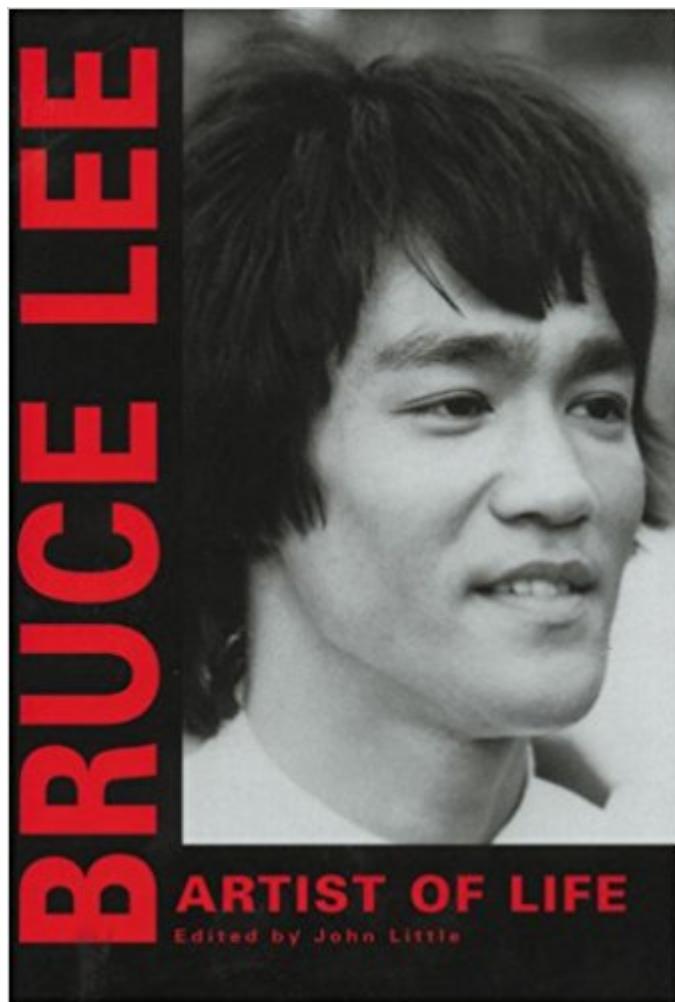


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# Artist Of Life (Bruce Lee Library)



## Synopsis

A rare, never-before-seen collection of Bruce Lee's private letters and writing! Bruce Lee was an intense man with such sheer concentration of energy that no one who encountered him, on screen or in person, could help but be drawn to him and his enthusiasm for life and knowledge. A voracious and engaged reader, Lee wrote extensively, synthesizing the thought of East and West into a unique personal philosophy of self-discovery. Bruce Lee: Artist of Life explores the development and fruition of Bruce Lee's thoughts about gung fu (kung fu), philosophy, psychology, poetry, jeet kune do, acting, and self-knowledge. This volume from Bruce Lee's private notebooks is capped by a selection of Lee's letters that eloquently demonstrate how he incorporated his thought into actions and advice to others. Also included are multiple drafts of select compositions, showing how Lee's thought evolved and was refined over the years and how the ideas he was reading and writing about were reflected in his work and everyday life. Sections include: Gung Fu—reflections on gung fu, psychology in defense and attack, how to choose a martial arts instructor, and Bruce's own view on the martial art Philosophy—regarding human understanding, Taoism, Plato, Socrates, and Descartes; Psychology—three types of philosophy, the top dog and the underdog, the four basic philosophical approaches, and learning Poetry—'The Dying Sun,' 'Love is a Friendship Caught on Fire,' 'Once More I Hold You in My Arms,' and 'Parting'; Jeet Kune Do—The Liberation—toward personal liberation, notes on JKD, true mastery, and an objective evaluation of the combative skill of Bruce Lee, by those who know what it is; Acting—what exactly is an actor, the art of acting; Self-knowledge— in search of someone real, self-actualization, and the passionate state of mind; Letters—'The True Meaning of Life,' 'Peace of Mind,' 'Use Your Own Experience and Imagination,' and 'It's All in the State of Mind'

## Book Information

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## Customer Reviews

Decades after his death, fascination with martial arts superstar Lee continues. Editor Little and Lee's widow, Linda Lee Caldwell, contend Lee was much more than the acrobatic guy on the silver screen. He was a "philosopher . . . able to apply specific principles of his art to the broader endeavor of living life as a 'real' human being." Toward that goal, Lee wrote the essays on acting, martial arts, and self-knowledge collected here. In fact, most of them touch on the quest for self-knowledge and, in conjunction with specimens of Lee's letters and poetry, enhance appreciation of the man. Specific topics range from the cerebral (e.g., "Psychology in Defense and Attack") to the practical (e.g., "How to Choose a Martial Art Instructor"), and pithy nuggets (e.g., "Truth cannot be structured or confused") are highlighted. Movie stars aren't always the deepest people around, once the conversation turns from showbiz, but Lee's writings are inspired and inspirational, of interest to his fans and to the multitudes seeking the meaning of life. Mike Tribby

"You don't have to be a martial-arts fan to enjoy Little's reflective new book." -- The Seattle Times

Bruce Lee, gone too soon. It amazes me how thoughtful his words were, even in letters to friends or in his personal notes. 10/10 get this book if you seek answers or a better path.

Again i got this for my sister who is a Bruce Lee fan since she was able to read. This was just an addition to her collection, and I have not heard anything negative from her so I suspect she LOVES it!

This is a great insight to the philosophies of Bruce Lee's thoughts on life and martial arts. There are some repetitive essays and writings in the book (like what other reviews have stated) but you get to see his progression on these ideas on paper. This is a must read for any Bruce Lee fan that has not read any of the other Bruce Lee books.

Bruce Lee is the embodiment of the focused and fiercely driven yet thoughtful individual that many of us aspire to be but rarely achieve. When we do read the thought process of such a boldly original individual, it reminds those of us on the path to creative self-actualization to not become discouraged and forge ahead despite life's many obstacles.

It's Bruce Lee , he had some insight , an intelligent individual and overcame many obstacles to live a successful life. Good book.

An inspiring book!

Words cannot express how awesome this book is..especially because it contains his poetry that is not included anywhere else..a "must-have" for Spiritual seekers and philosophers :))

This book is seriously a very influential masterpiece brought to you mostly by Bruce Lee's essays, poems, quotes, and personal experiences throughout his existence with us. This all came together with the help of John Little too though, so some regards should be left to him as well. But as far as a compelling book goes this one should leap off the shelves into your arms! Don't miss this opportunity to read into who Bruce really was and not just another book on martial arts and how to become a so called, "Master!" This is one to read and fully grasp for sure!

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